



Introductory Cranial Sacral Applications For Healers or Massage Therapists

Milwaukee, WI, Saturday, October 28, 2017
Instructor: Sue Hovland

Introductory Cranial Sacral Applications for Healers or Massage Therapists

Do you want to enhance client relaxation and healing, and greatly increase your hands-on assessment and tissue sensitivity? Then learn the part of cranial-sacral therapy that can be easily used with Healing Touch, other energy-based therapy, or massage.

This knowledge of cranial therapy will be very useful in your practice as well as giving you a great introduction and understanding about cranial-sacral therapy. Sue has been using this approach extensively and successfully in her healing practice, and you will find it very helpful as well.

Content...

- Palpation of the Cranial Sacral Rhythm
- Learn how to induce and use a “still point”.
- Learn an introduction to unwinding body tensions.
- Learn how to feel and use the Therapeutic Pulse.
- Learn the “V Spread” energy technique.
- Learn to help release some TMJ problems.
- Learn some self-help techniques.

Teaching methods include:

- Lecture • Notebook • Demonstrations
- **Interactive exercises & new energetic treatments**

Prerequisite....

Healing Touch 1 or similar energy therapy

Certificates for 8 CE hours for nurses and massage therapists will be given through the Healing Touch Program for \$15.

Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's COA.

The Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00.

Class Instructor...



Program Founder and Director, Sue Hovland, is a Retired RN (BSN), Retired Certified Healing Touch Practitioner and Instructor, and Registered Massage Therapist. She has had a longtime interest in the human body, and has studied it from many disciplines. They include Nursing, Neuromuscular Therapy, Cranial-Sacral Therapy (5 levels), Lymph Drainage, Visceral Manipulation, and human dissection. Sue has also attended many workshops in various energetic perspectives, starting with Janet Mentgen in 1982, and including Rosalyn Bruyere's Program, Mary Jo Bulbrook's Energetic Healing, NAET Allergy Elimination Technique, Allergy Antidotes, and Axiatonal Alignment. She has been teaching Healing Touch and has been in private practice in Denver, CO since 1990, & was on the Board of Healing Touch International 2001-2004 .

Contact Sue h. 303-756-1306 c. 303-520-4662, suehovland@aol.com, www.anatomyforhealers.com

Objectives...

- To define the introductory concepts of Cranial Sacral Therapy as they relate to the human body and energy field.
- Describe and perform the protocols that apply to the client with some Cranial Sacral problems.

Class Location:

Light of Grace
5900 W. National Ave.
Milwaukee, WI 53214

Class Date/Time:

Saturday, October 28, 2017
9am-6:30pm (registration 8:45am)

To Register (see registration form below)

• Contact Coordinator:

Pam Goodwill
Sacredtreesllc@gmail.com
1-262-993-7017

Comments:

"I find this work has been extremely valuable for clients who are ready to release emotional issues with gentle coaxing using the unwinding technique. The cranial still-point technique is very useful for quickly producing profound deep relaxation."
Kate Stanford, HTP, HTA, Reike Master teacher, Certified in Tuning Forks, Lakewood, CO

"Thank you, Sue, for another excellent class! I appreciate your teaching style, I always feel comfortable asking questions in class, and feel like I come away really understanding the techniques. I'm looking forward to incorporating all of them in my healing practice!" Lisa Stone, HTCP, Longmont, CO

"I will use the fascial diaphragm releases and the simple still point and incorporate them in my practice. Sue is lively and funny—She keeps the class interesting and time went by so quickly. I learned a lot!" Pat Boringasser, CHTP, Aiea, HI

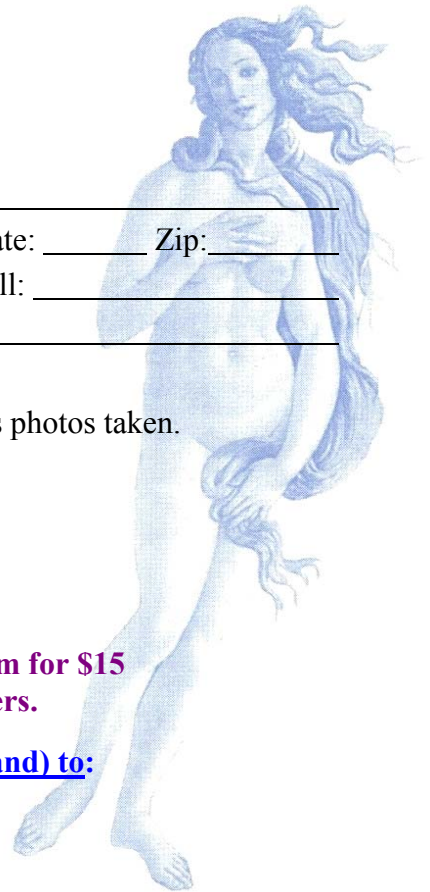
"Great instructor and participants! A nice mix of teaching materials! I'll be able to use this while doing Healing Touch. Thank you!" Deborah Bocken, CHTP, Honolulu, HI

I got great releases and results today. Sue is wonderful and fun! Thanks so much! Marilyn Stults, HTCP/I, Suffolk, VA

"I feel this CST will greatly help my massage therapy and Pilates practice. Sue, thanks so much for your teaching and healing!"
Peggy Sue Butler, HTCP, MT, Chesapeake, VA

**Register early,
class size is limited!**

REGISTRATION FORM
Cranial Sacral Applications
Milwaukee, WI
Saturday, October 28, 2017



Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell: _____

E-mail Address: _____

I need information on lodging and meals I can bring a massage table

I agree to have my contact information on the class roster and to have class photos taken.

Early Tuition \$150 by September 27.

Regular \$170 afterwards

A further discount will be given by registering for all 3 classes together—
(Allergy Treatment, Cranial-Sacral Applications, and Vibratory Grid)
for a total savings of \$25 for the bundle.

A Certificate for 8 CE hours will be given through Healing Touch Program for \$15

A Certificate of Attendance for 8 hours will be given by AnatomyforHealers.

Send completed registration form and check (payable to Sue Hovland) to:

Pam Goodwill

N80 W13487 River Park Dr.

Memomonee Falls, WI 53051

Cancellation Policy: Students canceling after Oct. 12 will be refunded tuition
minus an administrative fee of \$50 per class.