



Anatomy for Healers®

For Experienced Energy Healers

Level 1--- Bangor, ME November 3-5, 2017

This unique hands-on approach **integrates the knowledge of anatomy with the energy system of the body.** It is appropriate for **advanced energy healers** who are new to anatomy as well as for nurses and others who have studied conventional anatomy. Building on a firm foundation in Healing Touch, Healing Touch Spiritual Ministry, or other energy therapies, **new energy techniques are learned to treat most of the body systems.** In addition, we have a good time interacting with other healers while experiencing the sacred miracle of the human body! Come join us to enhance your energy medicine practice!

Content...

The structure, function, location and identification of major organ systems of the body
Interactive energy exercises.
Many advanced energy healing techniques.
Three full body energy healing treatments.

Teaching methods include:

- Lecture • Notebook • Audio/Visuals
- Body Puzzle • Skeleton and Torso
- Experiential exercises

Prerequisite...

Level 3 of Healing Touch, or similar energy therapy education *with permission of instructor.*

Objectives...

To describe and locate the eleven organ systems of the human body.
To energetically palpate the endocrine glands and major organs of the torso.
To demonstrate advanced energy healing techniques.
To apply the understanding of Anatomy and Physiology to energetic healing treatments.

Approved for 27 CE Contact Hours for nurses and massage therapists by ANCC and NCBTMB

Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's COA.

The Healing Touch Program™ is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00.

“If you know energy, you need to know the physical body. If you know the physical body, you need to know energy. If you know them both, you need to know how to put them together in an energy medicine practice.”



Class Instructor... NANCY LESTER, RN, BS, HNC, LMT, HTCP/I

Nancy Lester, a registered nurse, brings to her teaching over 25 years of nursing experience, including trauma and critical care, hospice, home health, rehabilitation and hospital administration. Nancy has studied numerous therapies with varied energetic healers including Janet Mentgen, Rosalyn Bruyere, Christine Page, and others. She has always been amazed by the anatomy and physiology of the human body and assisted teaching an EMT program that included human dissection. Nancy completed massage school, and through a life drawing and sculpture class gained additional understanding of the anatomical and energetic systems of the human body. Nancy maintains a private practice and is a Healing Touch Certified Instructor for HTP levels 1-5. She also teaches dream workshops and Healing Touch for Self Care.

Assisting Instructor...WALLE ADAMS-GERDTS, RN, BA, CHt, HTCP/I



Walle is a registered nurse who specialized in pediatric oncology and bone marrow as she worked to become a Healing Touch Certified Practitioner and then Instructor. Her perseverance in Healing Touch and her understanding of the body's innate energy and physiology supported her goal of incorporating a Healing Touch department at Nemours/A I duPont Hospital for Children in Wilmington, DE. Walle currently lives in Lewes, DE where she has a private practice and consults for other health care institutions. In addition, she teaches HT Class Levels 1-3. She is thrilled to assist her Teacher/Mentor Nancy Lester for this course and together they are a dynamic team! Get ready for a fun and information packed course!

Class Information...

Class Location:

Bangor YMCA
17 2nd Street
Bangor, ME 04401

Class Date/Time:

November 3-5, 2017
Friday, Saturday, Sunday - 8am-6:30pm
Registration begins at 7:45 am on Friday (11/3/17)

To Register:

Contact Coordinator: Walle Adams-Gerdt
Cell: 302-388-8056
Email: walleht@gmail.com

Suggested Texts: NOT REQUIRED

*The Human Body Book (with CD/ROM), Steve Parker
DK Publishing, 2007.
F. Netter Atlas of the Human Body,
Barron's & Icon Learning Systems, 2006.
The Anatomy Coloring Book, 3rd Edition,
by Kapit and Elson (only if you really like coloring!)
Or go to the internet if you prefer!

Testimonials...

*"Refreshing and exciting...lively and interesting... A welcome addition to my Healing Touch practice..."
Deepened my sense of awe and gratitude for the physical aspect of the human being."*

*Cynthia Hutchison DNSc, RN, HTCP/I, Boulder, CO
Program Director, Healing Touch Program™*

"An incredible journey into the nuances of our wondrous body energy! A very rich class, expanding my understanding and potential as an H T practitioner."

*Anne Day RN, MA, CMT, HNC, CHTP/I, San Diego, CA
Past President HTI Board of Directors*

"This workshop deepened my Healing Touch work with my clients—they ask me to add these techniques to their treatment. Five years after taking this class, I still use a number of techniques on a regular basis... I highly recommend Anatomy for Healers for all healers!"

*Cindy Palajac, Hon. BA, DipEd, HTCP/I
London, Ontario, Canada*

"This joyful presentation helped to anchor my knowledge of anatomy and physiology...It introduced energetic components to the machinery of the body...I highly recommend it!!!"

*Carol Komitor, CMT, CHTP/I, HTACP,
CHBMT, ESMT, Founder/ Director, Healing
Touch for Animals®*

For more information visit: www.anatomyforhealers.com

REGISTRATION FORM

Register early,
class size is limited!

Level 1 Anatomy for Healers® Bangor, ME November 3-5, 2017

Name (As to appear on your certificate): _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell: _____

E-mail Address: _____

I can bring a massage table. I agree to be listed on a class roster for workshop participants.

Fees: I need information on lodging

_____ \$525 Regular Tuition
_____ \$475 Early Tuition (by October 3, 2017)
_____ \$275 to repeat class (no discounts)
_____ \$150 non-refundable deposit (checks only)

Send completed registration form and check payable to "Healing Therapies of DE" to:

Leanne Bishop
48 Bowen Drive
Hampden, ME 04444

Students will receive a certificate of attendance for 27 CE hours from Healing Touch Program

Cancellation Policy: Students canceling are subject to a \$75 non-refundable administrative fee.
Students canceling within 2 weeks of the class are subject to a \$150 non-refundable administrative fee.
Students transferring classes will be subject to a \$50 administrative fee.

